

Fish...

Cajun spiced salmon with stir fry vegetables	£12.95
Pan seared sea bass served with roasted vine tomatoes, spinach & a salsa verde	£13.10
Seafood platter of salmon, smoked haddock, scallops, king prawns & mussels	£21.00
Roast fillet of halibut with a king prawn & chive butter sauce	17.30
Thai green curry with prawns served with basmati rice	£9.40
Grilled lobster - half or whole - in garlic butter served with a mango salad	£Market price

Vegetarian Selection...

Roast Mediterranean vegetable tart with goats cheese & homemade tomato sauce	£8.35
Roast butternut squash <i>or</i> wild mushroom risotto, truffle oil & parmesan crisps	£8.35
Spinach & blue cheese filo parcel served with a roast red pepper reduction	£8.35
Thai green vegetable curry with steamed basmati rice	£8.35

Home-made pies...

Puff pastry topped chicken pie	£7.85
Puff pastry beef steak pie	£8.35
Fisherman's pie topped with creamed potato	£8.35
Cottage pie topped with creamed potato	£7.85

From the grill...

Selected cuts of prime Scottish beef and lamb - served with sautéed onions, flat mushrooms, grilled tomato and watercress.

10oz dry-aged rib eye steak	£18.85
8oz dry-aged sirloin steak	£20.45
8oz dry-aged fillet steak	£22.55
Mixed grill	£20.95
Lamb cutlets	£16.25

Surf'n'Turf : - is served with *either* 6 prawns *or* 3 scallops - at an additional cost of **£5.00**

All main courses served with Chef's selection of vegetables or salad, home-made chips or potatoes.

Side dishes...

Seasonal vegetables	£1.75
Boiled baby potatoes	£2.00
Home-made chips	£2.50
Sautéed mushrooms	£2.50



The Royal Hotel, Tain

